



## **Chigozie Ohanele**

Chigozie Ohanele aka Chigi was born and raised in Nigeria and Holland, before her family relocated to the United States. She lived in Maryland for almost 12 years where she met her amazing husband Michael before they relocated to Texas. After almost 7 years of marriage and infertility struggles, they welcomed their beautiful son Chimaobi-Jax via In Vitro Fertilization at Houston Fertility Center. Chigi is an Adult Nurse Practitioner focused on Primary Care. She has two Bachelor of Science degrees, first in Biology from the University of

Maryland Eastern Shore (UMES) and then in Nursing from the University of Medicine & Dentistry of New Jersey (UMDNJ). She also has a Master of Science in Nursing from Johns Hopkins University which she got while working at Johns Hopkins Hospital. She is also a Holistic Health Consultant focused on helping people, improve their holistic health and wellness while balancing a busy life at work and home. She is also certified as a National Medical Examiner for the Department of Transportation and is currently Self-Employed working in an Occupational Health Clinic.

Chigi is also the Founder of Chigi's World which is a Media and Consulting company. As a Content Creator, Life Coach, and Mentor, she shares powerful stories, life-changing experiences, expert knowledge, and great resources to help busy and overwhelmed women change limiting beliefs, overcome emotional blocks, and change unhealthy habits and toxic cycles to heal. She educates, empowers, and encourages high-achieving women to reach greater levels of personal development, mindfulness, and productivity to realize their full potential, achieve their greatest goals & consciously create the life that they desire.

When Chigi isn't busy serving her clients, connecting with her community, and taking care of her patients, she's spending time with her family and friends doing things she enjoys like reading, watching movies, exercising, dancing, and most especially traveling.