



Tracey Saizan Griffin

Tracey was born and raised in New Orleans, LA and moved to Houston because of Hurricane Katrina. She is a physical therapist and co-owner of Scoop Pilates and Personal Training with her husband Phillip. Tracey and Phillip met in Houston and have been married for 11 years. They have been blessed with four beautiful children through adoption from the foster care system, ages 7, 5, 3, and 2. Between working

full time, being a business owner, wife, and mother there isn't much time for anything else, however, Tracey does enjoy date nights with her husband and "girls' night out" when time allows. Tracey became interested in Sparkles of Life during her own 9-year journey with infertility. Being grateful for all the love, support and prayers Sparkles has given her family, she wants to return the favor by providing support and encouragement to other women and couples on the journey to growing their family. Tracey believes God has blessed her and Phillip in bigger ways than she could've ever imagined and feels it's an honor to serve on the board of this amazing organization.